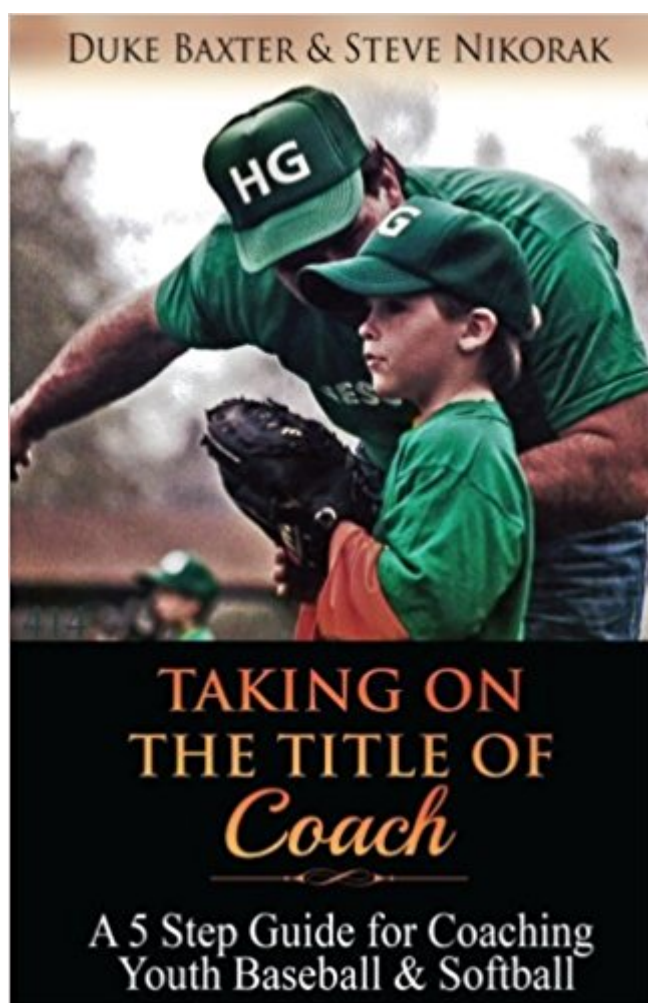


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# Taking On The Title Of COACH: A 5 Step Guide For Coaching Youth Baseball & Softball



## Synopsis

As former little league, high school, collegiate and professional baseball players, authors Duke Baxter and Steve Nikorak appreciate the time, effort and dedication from every parent that takes on the role of coach. We know how challenging coaching can be and we want to do everything we can to help educate them. Our vision was to create a step-by-step reference guide, for even the most inexperienced parents, to help them in every aspect of coaching. Our goal is to equip parents with all the tools necessary to become a first-time coach and get the absolute most out of their players. Building team chemistry, formulating drills and practice plans, keeping the game fun and communicating effectively with players are just a few of the qualities a coach must possess. This book will serve as a guide as you take on the title of coach. We came up with the idea of writing a book a few years back after running one of our annual coach clinics. Each year, we run free coach clinics for neighboring Little Leagues, educating their coaches, most of whom are parents and have never coached before. In most cases, these parents have volunteered their time because their child asked them to coach their team. Without knowing what to do next, they attend our coach clinic. After taking a 90-minute crash course in coaching, they realize they aren't nearly as prepared as they hoped they would be. They needed more information. They needed more drills. They needed help utilizing assistant coaches and volunteer parents. They needed help motivating their players. Most of all, they needed help keeping 12 kids engaged, all at once, in a sport where there tends to be a lot of standing around. Each day, we're fortunate to coach and train kids of all ages and skill sets. We dedicate our lives to being good role models, mentors and leaders on and off the field. We fully understand that as coaches, we have an obligation to lead by example because our impact can be life-changing. We're constantly trying to better ourselves and recognize that coaching is a never ending self-development process. Just like the players, we must strive to be better each day. We must educate ourselves and work hard to improve. We've had the opportunity to play for some of the most renowned coaches in the game. We have also witnessed grown-ups act like children while managing little league teams. Our objective is to take all our experiences, the good and the bad and write this book. We want to give first time coaches the opportunity to use it as a reference point when entering their season. This will be the first book in our series on developing and mentoring young athletes and we're thrilled to see this vision come to fruition. For information on our online, video-based training course visit [www.dominatethediamond.com](http://www.dominatethediamond.com)

## Book Information

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## Customer Reviews

Very straight forward and practical advice for managers, coaches and engaged parents. Even experienced coaches will pick up great tips for a well organized and effective practice. Should be required reading for all people working with youth baseball players. a no-brainer purchase.

Excellent guide for anyone planning on stepping up to coach youth sports, and worthwhile purchase for those looking to improve their approach and practices. Duke operates one of the best run training facilities and club programs in the northeast and Steve is, quite simply, one of the best coaches I've ever been around. Both have pro baseball playing experience, and both have an unbridled love and joy for the game. They love what they do, they love teaching what they do...and it's clear on the pages of this book that they're amongst the best at what they do.

These are concepts we take for granted. So many of these ideas and lessons can be applied to managing at work or coaching on the field.

A former player who learned from Duke, its easy to see the passion he has for the game through this book, the same passion he had 15 years ago when I trained with him. Amazing!

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